

# Karate Kids (K-5)

Classes focus on basic self-protection skills, discipline, and athletic conditioning in a fun and creative atmosphere. The internal arts of Yoga and Qi Gong are a basis for all of our classes. We balance competitive and cooperative educational modalities.

Kung Fu can be an excellent basis for developing the attention necessary for scholastic aptitude, the fitness required for athletic prowess and a lifetime love of learning. Teacher: Master Roger Whidden.

Please be prompt. Parents – See WSFI handout, Master Roger's bio and test info.

**Pre K - (see Master Roger)**

## KARATE KIDS

### Sunday

4:30 pm – 5:30 pm Wrestling \*

### Tuesday

4:30 pm – 5:20 pm

5:30 pm – 6:20 pm (purple & up)

### Thursday

4:30 pm – 5:20 pm

5:30 pm – 6:20 pm (purple & up)

### Saturday

9:00 am -9:50 am

9:00 am -10:10 am (purple & up)

10:10 am -11:00 am Girls \*

## K – 5 TUITION: ALL CLASSES

\$4000/ 5 yrs

\$1000 / Year

\$400/ Sept. – Dec.

\$300/ Jan. - March

\$300/ April – June

\$200/ July-August

\$120/ Month

Private Lessons - \$60/hr

Group -\$100/hr

\*for WRESTLING or GIRLS class only - \$150/term (Oct-Dec & Jan-Mar) No refunds after first class. \$10 fee if tuition is more than 7 days late. Uniform required - \$30 Master Roger & the Karate Kids book required for Karate - \$30. Additional family members 20% off. Free Yoga for parents. Dr. Yang's book WHITE CRANE suggested for parents - \$37.

Testing is on saturday a.m. near the end of each term (\$20 fee)

## DEMO/TOURNAMENT Sunday in March

Note: students may come 10 min. early & stay up to 10 min. after class. Please wait inside until your ride comes.

Master Roger's web wisdom words @ zazenzone or whiddenschool.com

cyberchat@: wsfi@verizon.net or teletalk 781-834-7722